

BIIDAAJIMOWIN



OUR VISION

A welcoming Indigenous community that nurtures healing, culture, traditions and self-determination.

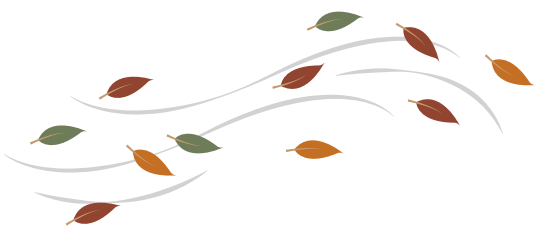
OUR MISSION

Rooted in culture, the Thunder Bay Indigenous Friendship Centre strengthens the lives of Indigenous people by providing holistic supports, services and advocacy.

MESSAGE FROM THE EXECUTIVE DIRECTOR

Fall is traditionally a time of harvest and preparation for the coming seasons, and it is a beautiful time of year to take stock, enjoy nature, and reflect. We have some exciting programs and activities taking place as the leaves change and the days get cooler.

Read on to see what we have planned for the season... and stay well, friends!



Charlene Baglien

TBIFC is dedicated to providing a healthy and safe environment; scented and fragrant products are not to be worn or used at TBIFC offices.

WELCOME TO OUR DAGWAAGIN (FALL) NEWSLETTER!



IN THIS ISSUE:

- Children & Youth Services
- Wellness Services
- Employment & Education Services
- Justice Services
- Transitional Housing Services
- And more!

More information can be found on our website: www.tbifc.ca
facebook.com/ThunderBayIndigenousFriendshipCentre

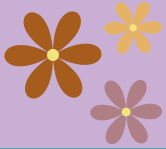
Instagram: @officialtbifc

CHILDREN & YOUTH SERVICES

Waabogonee EarlyON

In August, families of the Indigenous Family Support Program and Waabogonee Early ON created Ribbon Shirts & Skirts for Traditional Dolls with our Cultural Resource Coordinator (CRC).

Our CRC Worker will be visiting Early ON monthly on every second Wednesday so keep an eye out for our upcoming calendars!



For more information, please contact Jade or Kalista at 807-767-2512 / eo@tbifc.ca



Youth Life Promotions Program

September is World Suicide Prevention Month. Indigenous peoples in Canada experience higher suicide rates compared to non-Indigenous populations, with particularly alarming rates among children and youth. These high rates are linked to historical and ongoing challenges, including loss of land, the loss of culture, language, and discrimination.

Indigenous languages have translations for life promotion and life promoter but not suicide, highlighting the importance of life-affirming practices.

The Youth Life Promotion Program supports Indigenous youth aged 13-24 by providing life skills development, land and water-based teachings, and access to Elders & Knowledge Carriers, including ceremonies.

The Youth Life Promotion program empowers youth to reconnect with their cultural roots, strengthen their resilience and foster a positive Indigenous identity.

For more information, please call 807-345-5840 ext. 9093 or email ylp@tbifc.ca



Wasa-Nabin Program (To Look Ahead)



The Wasa – Nabin Youth Program provides Urban Indigenous at-risk youth ages 13 -18 with support and tools which will build upon and foster their inherent ability to make healthy choices, as well as to provide healthy activities for clients and participants.

Lakehead Public School, in partnership with TBIFC and other community partners, provided Mino Bimaadiziwin (living a good life) - a 1 week cultural camp for youth. The camp provided life skills, leadership, team building, and fostered connection to land, education and language.



For more information, please contact Lisa at 807-345-5840 ext. 9078 / wasa@tbifc.ca

CHILDREN & YOUTH SERVICES

Enhanced Youth Outreach Workers

The Enhanced Youth Outreach Worker (EYOW) program provides wholistic, culturally informed counselling support to high risk youth aged 12-21. The program provides support to youth and their families in navigating and connecting with services with pro-social opportunities in community.

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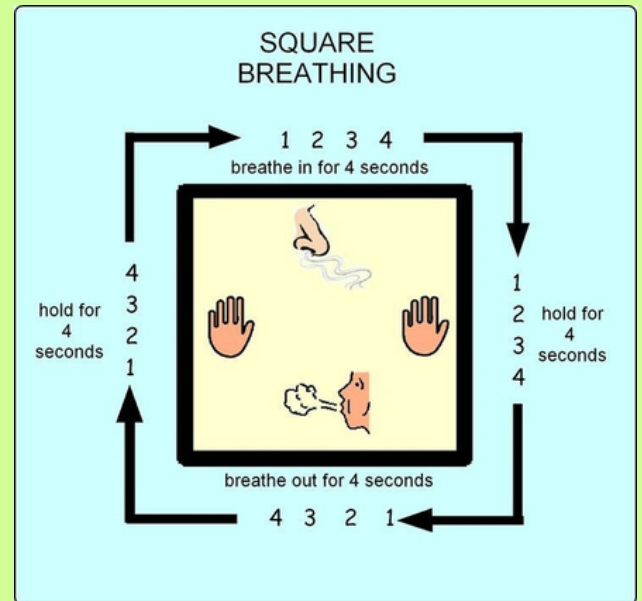
Box Breathing Technique

Box breathing, also known as square breathing, is easy and quick to learn. Anyone can practice this technique and it is useful in stressful situations when you want to re-center yourself or improve concentration.

Four Steps to Master Box Breathing:

- **Step 1:** Breathe in, counting to four slowly. Feel the air enter your lungs.
- **Step 2:** Hold your breath for 4 seconds. Try to avoid inhaling or exhaling for 4 seconds.
- **Step 3:** Slowly exhale through your mouth for 4 seconds.
- **Step 4:** Repeat steps 1 to 3 until you feel re-centered.

Repeat this exercise as many times as you can. Thirty seconds of deep breathing will help you feel more relaxed and in control.

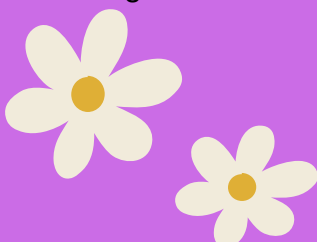


For more information contact Kylie at 807-627-2648 or Alexavia at 807-627-2495 / eyow@tbifc.ca

Indigenous Family Support Program

The Indigenous Family Support Program partnered with the Wiisinadaa program to create Nature Journals. The benefits of Nature Journaling has been shown to reduce stress, anxiety, and depression and to improve observational skills and memory. It can also help us to notice the things in nature that we often miss because we are too busy focusing on other things.

IFSP will be partnering with the Wiisinadaa program in October at Vicker's Park for Dagwaagin Nature Journaling!



For more information, please contact Kaitlyn at 807-345-5840 ext. 9051 / ifsp@tbifc.ca

Akwe:go Program (All of Us)

The Akwe:go Program provides urban Indigenous youth ages 7-12 with support and tools to make positive choices.

This summer, clients had the opportunity to pick some vegetables from the garden. Afterwards, they prepared their own garden salad and made fresh lemonade with a splash of lemon balm!



For more information, please call 807-345-5840 ext. 9076 or email akw@tbifc.ca

CHILDREN & YOUTH SERVICES

TBIFC Youth Council

The TBIFC Youth Council is a dynamic group of youth who are passionate about empowering, engaging and being the voice for youth within our community. The Youth Council provides opportunities for Urban Indigenous youth, ages 13-24 to share their perspectives, teachings, and skills.

Our Youth Council recently applied for a major Artwork Project grant. We anticipate receiving an update on the status of our application soon.

Governance Council committee will continue to focus on their key responsibilities, including expanding school and community outreach to attract potential new members to the General Youth Council committee.



Youth Council meets regularly to:

- Plan Local Events
- Gain Leadership Skills
- Connect with Elders & Knowledge Carriers
- Engage in Traditional Activities

Meals and transportation are provided!



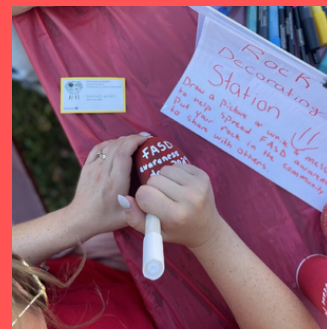
If you are interested in becoming a member of the Youth Council or want to learn more, please reach out to Kloey at kloey.cook@tbifc.ca

Community Support Worker Program

FASD Awareness Day was started by three parent advocates from Canada and the United States. On September 9th an FASD Awareness Walk took place at Waverly Park. The walk aimed to bring awareness and work together to find solutions to supporting people during pregnancy as well as meet the unique needs and celebrate strengths of families living with FASD.

The Red Shoes Campaign was started by RJ Formanek, an educator and advocate living with FASD. He decided to wear red shoes to stand out, to be noticed, and start conversations about FASD. RJ Formanek was one of the presenters at the walk this year.

It is important to recognize that everyone plays a part in supporting healthy pregnancies and supporting people with FASD. The impacts of FASD matter to the whole community and communities need to work together to spark change.



**FASD Awareness
Day 2024**

For more information on FASD, please contact Payton G at 807-345-5840 ext.9085 / fasd@tbifc.ca

WELLNESS SERVICES

Treatment and Aftercare Program

The Treatment and Aftercare Program will be offering **Wellbriety Fires** at the TBIFC Cumberland St. location on **October 1, 15 & 29**, weather permitting. **Wellbriety Group Drop-in at Howl at the Moon** will occur on **October 8 & 22**. This program can be accessed in person or virtually in real time through Microsoft Teams. Please note, all online participants are required to register. **Wellbriety Group Drop-In will continue on Tuesdays throughout November and December!**



For more information, or to register, please contact Janet at 807-345-5840 ext. 9064 / tac@tbifc.ca

Creating Safer Spaces Project

Creating safer spaces hosted an online meetup featuring artist, educator and policy writer: Fallon Simard. Folks enjoyed connecting with each other through meme-making - the fun and power of storytelling, culture, humor, and self-expression by working with free photo-editing applications. We had participants join from Saskatoon, Yukon, and Toronto too!

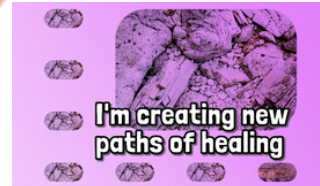
Please reach out to the Sexuality and Gender Equity Liaison Worker if you'd like to learn more about creating safer and inclusive spaces for 2SLGBTQ+ community members, to book a workshop, or are seeking some one-to-one support.



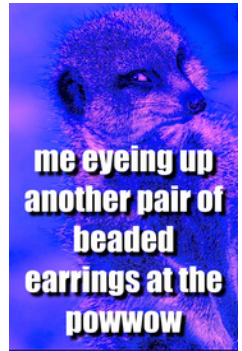
For more information contact:
sage@tbifc.ca or 807-345-5840 ext. 9057



Here are some of the memes:



By: P. Tyance



By: Anonymous

Indigenous Healthy

Living Program

Upcoming Program: Diabetes Bingo!

Join Healthy Living and Wiisinadaa: Let's Eat for **Diabetes Bingo** on Thursday October 17th from 2-3:30pm. Learn about diabetes and play for a food hamper!



For more information please email hlp@tbifc.ca

Life Long Care Program

Our Elders enjoyed the last month of summer on a Sail Superior cruise on Lake Superior, attending the Art Gallery with artists Jim Oskineegish and Norval Morriseau, observing moose hide tanning at Chippewa Park, enjoying a picnic at Silver Harbour with other TBIFC staff and community members, and even thrift shopping.

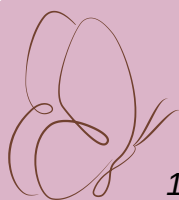
This fall, we will be gathering and attending TBIFC programs and participating in a residential school walk to honour Every Child Matters Day.



For more information, please contact Kathy at 807-345-5840 ext. 9066 or l1c@tbifc.ca

WELLNESS SERVICES

Indigenous Healing & Wellness Program



Upcoming Program:

Anishinaabe Kwe

12 week Certificate Program

An Indigenous Partner Assault Response Program (PAR) for women

Participants will be supported in:

- Identifying abusive behaviour
- Discussing the impacts of violence
- Learning & practicing respectful ways to address conflict



For more information, or to register for this program, please contact Melissa at 807-345-5840 ext. 9058 / hw@tbifc.ca

Kizhaay Anishinaabe Niin Program

Upcoming Program:

I Am a Kind Man

12 week Certificate Program

An Indigenous Partner Assault Response Program (PAR) for men

The Fall Session of Kizhaay is now full. Registration is being accepted for the Winter Session beginning in January 2025!

The aim of this program is to encourage men to speak out, end violence toward women, and to foster healthy relationships. This program is by referral only.



For more information, or to register for the Winter Session, please contact Paul C. at 807-345-5840 ext. 9079 / kan@tbifc.ca

Cultural Resource Coordinator Program

Upcoming Program: **Healthy Connections**

Connecting to your mind, body and spirit through a combination of land based activities, hikes, physical movement, medicine teachings, tea making and healthy eating.

In partnership with the Indigenous Healthy Living Program!

Program Dates: October 2, October 18, November 1, November 22, November 29

Time: 11am-2pm

Limited Space, registration required for each individual session - open to all



The Cultural Resource Program provides services to Urban Indigenous people ages 0 and up who live in Thunder Bay. We are accepting new clients who are in need of cultural supports, traditional medicines, one on one cultural supports, and access to culturally related programs.

We have exciting new programs coming up this Fall –Dagwaagin. Please like and join our Facebook Page for future program information: facebook.com/ThunderBayIndigenousFriendshipCentre

For more information contact Genevieve at 807-345-5840 ext 9054 or crc@tbifc.ca

WELLNESS SERVICES

Wiisinadaa: Let's Eat! Program

Wiisinadaa: Let's Eat! And Cultural Resource Coordinator presents: Healthy Harvesting

This program focuses on the traditional teachings and nutritional benefits of certain foods and plant medicines from the land.

The next dates are:

October 8 – 5pm to 7pm at 401 Cumberland St. N, in the Hall
November 19 – 5pm to 7pm (Location TBD)

Meal and refreshments will be provided!

For more information please contact Sheena at 807-345-5840 ext. 9088 / wiin@tbifc.ca

Building Gender Diverse Communities

The Building Gender Diverse Communities Program is pleased to offer Gender Affirming Gear to registered clients at no cost! This can include items like a chest binder which can help people who are trans feel more affirmed in their gender identity and expression.



If you would like to inquire about the gender affirming care closet, please contact Logan at bgdc@tbifc.ca or call 807- 345-5840 ext. 9071

Indigenous Mental Health and Wellness Program

This season the Mental Health and Wellness Program is taking on new clients!

The Mental Health and Wellness Program, in partnership with Victim Advocacy and the SAGE program, will be hosting a biweekly **Grief and Loss Community Group** beginning October 2nd. Look to our Facebook page for updates on programming!



For more information please contact Patricia-Lee at patricia-lee.dunnigan@tbifc.ca or 807-345-5840 ext 9096

Intergenerational Strength & Resiliency Program

Please join us for **Crafting & Connections** every Wednesday from 1:30-3:30pm at our Cumberland Street location! We will be providing an open space for community members to create connections with each other and work on new activities together. We will also offer help to work on existing projects during this time.

No registration required!



For more information, please contact Kennedy at isrp@tbifc.ca

WELLNESS SERVICES


Indigenous Language Revitalization Program

The Indigenous Language Revitalization Program invites all fluent and non-fluent language speakers to take part in learning the Ojibwe – Ojicree Language with the Thunder Bay Indigenous Friendship Centre. You do not have to be fluent in the language to become a participant, but you do have to be willing to learn and take the necessary steps to succeed in learning your language.

The Language Revitalization Program is currently taking on new clients for upcoming fall programs – such as Hand Drum making and Traditional Belts (Please keep an eye on the FB page for these posters)

The Indigenous Language Revitalization Program is taking steps to bring language-immersion programs and land-based learning together in partnership with other programs within the Friendship Centre and in the Community. The ILR Program has started a partnership with Ka-Na-Chi-Hih to bring back Community Drum Nights beginning every Thursday evening from 6:30pm – 9pm with light snacks and beverages being served. The Program is open to all participants and community members.

The Indigenous Languages Revitalization Program is for All Ages!



If you have any questions, please contact John at John.Slipperjack@tbifc.ca or 807-345-5840 Ext 9056

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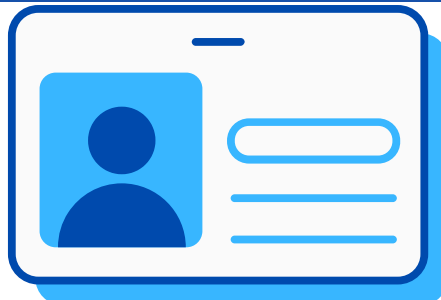
Community Engagement Navigator Program

The Community Engagement Navigator is partnering with Roots Community Food Center to deliver Birth Certificate and Status Card Clinics!

The next dates are:
Monday October 21st 2024
Monday November 18th 2024

Location:
Roots Community Food Centre (450 Fort William Rd.)

The Community Engagement Navigator continues to assist with Status Card applications at the Friendship Centre by appointment on Tuesday/Thursday and Walk-In's on Wednesday only.



For more information, please contact Caitlyn at 807-345-5840 ext. 9055 or caitlyn.harvey@tbifc.ca / Marco at 807-345-5840 ext 9012 or marco.passinelli@tbifc.ca

EMPLOYMENT & EDUCATION SERVICES

Apatisiwin Employment Program

The Apatisiwin Employment Program offers the following:

Culturally Relevant Programs: Education and employment services that are tailored to the specific cultural and traditional needs of Indigenous communities. These programs incorporate Indigenous knowledge, languages, and practices, making them relatable and effective for Indigenous learners and job seekers.

Employment Opportunities: Our program collaborates with local businesses, government agencies, and other organizations to create employment opportunities for our clients. We participate in job fairs, networking events, and facilitate connections between employers and job seekers to help bridge the gap between education and employment.

Skills Development: We focus on developing both hard and soft skills necessary for the job market. This includes technical training, certification programs, resume building, interview preparation, and essential life skills such as communication and teamwork, which are crucial for sustainable employment.

Youth and Education Programs: From tutoring and after-school programs to post-secondary funding assistance, we are committed to empowering the next generation of Indigenous leaders through education and employment services.

For more information, please contact Stanley at 807-345-5840 ext. 9086 / aye@tbifc.ca or Morgan at 807-345-5840 ext. 9081 / morgan.kensington@tbifc.ca

Anishnawbe Skills Development Program

ASDP offers four core programs/services:

- 1. The Anishnawbe Skills Development Program** is a Literacy and Basic Skills program, funded by the Ministry of Labour, Immigration, Training and Skills Development through Employment Ontario. It helps adults 19+ to develop and apply pre-high school level literacy, numeracy, interpersonal and digital technology skills to achieve their goals.
- 2. The Corrections Literacy Initiative** is a Literacy and Basic Skills pilot partnership with the Ministry of the Solicitor General that helps adults to develop and apply literacy and numeracy skills at the District Jail.
- 3. The Corrections Literacy Initiative (Expansion)** is a Literacy and Basic Skills pilot partnership with the Ministry of the Solicitor General that helps adults to develop and apply literacy and numeracy skills at the Correctional Centre.
- 4. New Directions Speakers School** is a 14 week course that runs twice a year teaching public speaking and leadership skills in an environment of peer support and within the context of education in social justice issues; guest speakers present on issues relating to disability, poverty, and unemployment

ASDP: Providing Skills for Success

Charlene's Story

Charlene joined our Essential Skills Training program in 2021 to brush up on Writing and Technology skills. After graduating, she was referred to Lakehead University's Humanities 101 course, and was chosen by her classmates to be class valedictorian in the fall of 2022. Charlene was then referred to the Lakehead Adult Education Centre to complete credits toward her Ontario Secondary School Diploma and graduated in the spring of 2024.

Congratulations
Charlene!



For more information, please contact

Walter at 807-345-5840 ext. 9074 or Melissa B at 807-345-5840 ext. 9073 / asdp@tbifc.ca

EMPLOYMENT & EDUCATION SERVICES

Alternative Secondary School Program: Kendomang Zhagodenamnon Lodge North and South

Site 1 - Hammarskjold High School (North)

Site 2 - Westgate High School (South)

This summer, the KZ lodge at both Hammarskjold and Westgate started their own gardens. The Three Sisters - corn, beans, and squash, were planted. Sunflowers were also planted to protect the garden. Students learned about companion planting and the significance of each vegetable. Now students will have a chance to harvest this fall and make hearty soups!



Did you know?

This year, 105 fully stocked backpacks were provided to youth going back to class!

For more information about ASSP at Westgate Collegiate High School, please contact Shannon at 807-345-5840 ext. 9046 / asspsouth@tbifc.ca

For more information about ASSP at Hammarskjold High School, please contact Andrea at 807-345-5840 ext. 9092 / asspnorth@tbifc.ca

JUSTICE SERVICES

Indigenous Justice Services Volunteer & Community Engagement Navigator

CALL for VOLUNTEERS

The Justice Department is seeking Elders and Knowledge Keepers to contribute to our Volunteer Services Department! We are seeking individuals who are passionate about community well-being, possess deep cultural knowledge, and are committed to sharing their wisdom in a respectful and collaborative manner.

Elders and Knowledge Keepers are vital in our Justice Services programming. By volunteering, you will:

- Provide cultural and spiritual support within restorative justice services.
- Share traditional knowledge and practices to be integrated into our programs.
- Participate in community workshops, events, and educational activities.
- Mentor and support clients with their healing plans.



Please apply on our website at <https://tbifc.ca/get-involved/>

For more information, please contact Rae at 807-345-5840 ext. 9098 / volunteer@tbifc.ca

Indigenous Peoples' Court Program

The Indigenous Peoples Court (IPC) utilizes a restorative justice approach to healing. It is a sentencing court where individuals accept responsibility for their actions.

The court is assisted by community Elders who provide spiritual support to clients and recommendations towards the clients healing plan.



For more information, please reach out to the IPC Caseworker at 807-620-7602 / ipc@tbifc.ca

Gladue Aftercare Program

The Gladue Aftercare Program oversees case management for clients who have received a Gladue Report. Aftercare services assist in reintegrating people from incarceration back into the community, and ensure that Gladue sentencing recommendations are being met.



For more information on Gladue Services, please contact Nadia at 807-345-5840 ext. 9082 / nadia.zywina@tbifc.ca

Drug Treatment Court

The Drug Treatment Court (DTC), in partnership with Anishnawbe Mushkiki Aboriginal Health Access Centre, provides direct services and referrals to ensure eligible DTC clients receive appropriate and timely services. The Manager of Drug Treatment Court Services works within a multi-disciplinary team to create and implement individualized case management plans, support interventions across the continuum of care for each participant, assist individuals with meeting aftercare goals for sober living and recovery, and work in partnership with judicial and health care partners.

For more information, please contact John at cell 807-620-0725 / 807-345-5840 ext. 9077 / dtc@tbifc.ca

JUSTICE SERVICES

Indigenous Courtworker Programs

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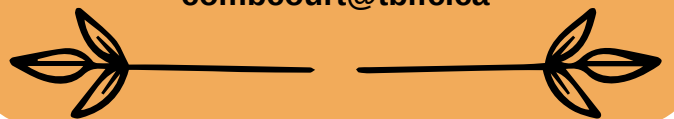
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<u>COURT</u>	<u>JUSTICE</u>	<u>ELDER</u>
<u>HEAL</u>	<u>GIVE</u>	<u>HELP</u>
<u>WILLING</u>	<u>KNOWING</u>	<u>THANKS</u>



Each Indigenous Courtworker provides opportunities for Indigenous persons to gain access to support systems, liaison services, resources, and information on matters relating to the judicial process. This program provides opportunity for the courts to gain an understanding of the unique needs of Indigenous persons, families, and community.

For more information about our Courtworker Programs, please contact
Courthouse Office: 807-475-7371 or 807-475-7370
Thomastine: 807-620-7178 / crimcourt@tbifc.ca
Claudia: 807-620-7357 / combcourt@tbifc.ca



Indigenous Community Council Program (ICCP)

ICCP is a diversion program for individuals charged with less serious criminal offences, appearing in local courts and prepared to accept responsibility for their actions.

The Role of Community Council Member

The role of the Community Council members are to make recommendations that will assist in developing a Healing & Wellness Plan based on client needs that promotes accountability for the offence(s), and to begin the path to a healthier lifestyle.



For more information please contact Linda at iccp@tbifc.ca / cell 807-620-8210 / 807-345-5840 ext. 9062

JUSTICE SERVICES

Victim Advocate Program

The Victim Advocate Caseworker provides clients who are victims of crime with support and encourages active participation in the Restorative Justice circle process within the Friendship Centre.

Support for victims can also include referring them to appropriate services within the Friendship Centre or to external agencies as needed.

The Victim Advocate Caseworker will prepare clients for the Restorative Justice process and attend Indigenous Community Council Program Healing Circles. The Victim Advocate Caseworker also attends the Indigenous Peoples Court and supports victims through the court process and ensure the victim's voice is heard.

Canadian Victims Bill of Rights

Are you a victim of crime? You have rights throughout the criminal justice process.

PROTECTION

You have the right to ask for:

- Criminal justice authorities to consider your security and privacy
- Protection from intimidation and retaliation
- A publication ban
- Special support in court (testimonial aids)

INFORMATION

You have the right to ask for:

- Information about the criminal justice system and your case
- Services available for victims
- Updates on the person who harmed you and conditions on their release
- the outcome of your case, the sentence, how long it lasts and when the offender is eligible for parole

PARTICIPATION

You have the right to:

- Present an impact statement and have it considered by the court
- Share your views on decisions that affect your rights

RESTITUTION

You have the right to:

- Ask the court to make a restitution order against the offender
- Have the restitution order entered as a civil court judgement that can be enforced against the offender

For more information contact Rory at rory.bellin@tbifc.ca or call 345-5840 ext-9095

Youth Justice Committee

Youth Justice Committee enables young people between the ages of 12 and 17 charged with a first time nonviolent offence to be accountable for their actions in a way that promotes community healing and growth.

Youth and victims are brought together in a safe place with volunteers from the community to come up with solutions. This process of restorative justice allows the youth to see that there is a real person at the other end of their crime and allows the victim to see that the young person is more than just a criminal. Youth Justice Committees allow for a greatly increased chance of receiving meaningful restitution or reparation, an opportunity to resolve the incident in a peaceful way and for all parties to experience a sense of closure.

We are making a positive impact within the community of Thunder Bay!



For more information
please contact Dwayne at
yjc@tbifc.ca /
807-475-7370

YOUTH TRANSITIONAL HOUSING SERVICES

NEED HELP WITH HOUSING?



Our Youth Outreach Workers support urban Indigenous community members experiencing homelessness or at risk of homelessness. We offer outreach, systems navigation, and life skills programming.

We can support with the following:

- Shelter Referrals & Advocacy
- Housing Application Support
- Income & Food Security Referrals
- Life Skills
- Mental Health & Addiction Support
- & Much More!

We are available weekly at:
Dew Drop on Mondays during their lunch distribution,
Brodie Library on Tuesdays from 1:30pm to 3pm, and with Métis Nation of Ontario's outreach team at their table on Thursday afternoons!



TBIFC Team @ Rockin' Recovery 2024

We can also be found supporting numerous community events!

- TBRHSC's Mental Health Expo on Oct 9th
- RDFA's Harvest for Hunger Food Bank Drive Oct 10th to 12th!
- TBDHU's Harm Reduction Conference *Forward Together: Leading the Harm Reduction Movement* on Oct 17th



Contact our team at
yow@tbifc.ca

GENERAL UPDATES & ACKNOWLEDGEMENTS

Every Child Matters Design Contest Winner!

This powerful artwork, created by a local youth named Alisha, was submitted as part of the Every Child Matters Art Contest. The piece was selected to be featured on window decals, which were sold to raise funds for our Youth and Elder programs.

Chi miigwetch Alisha!



2024 Point in Time Count

A Point-in-Time Count is a one-day snapshot of homelessness in each community that contributes to a national picture and advances the knowledge on homelessness. It provides a community-wide measure of homelessness, identifying service needs and informing plans to prevent and reduce homelessness.

This year, **the Point in Time Count will be held from October 5th at 6pm to October 6th at 6pm in the Hall at TBIFC (Cumberland location).**

If you are experiencing homelessness, visit us to take part in the survey and have your voice heard!

Please visit our website and Facebook page for more information or contact annika.gregg@tbifc.ca or 345-5840 ext. 9087



Chi-Miigwetch!

Miigwetch to all of our funders, partners, and contributors!

Your support ensures essential services and programming within our community.

Thank you to everyone who participated in our AGM this September - the AGM Highlights booklet can be found on our website: www.tbifc.ca



Thunder Bay Indigenous Friendship Centre



UPCOMING FOOD BANKS

October 22

November 19

December TBD

Registration is required. Please visit tbifc.ca or our Facebook page for updates and details.



Interested in making a donation?
Please visit our donation page at:

DONATE

.....
Superior Shores Gaming Association supports over 80 charities throughout Thunder Bay. Every time you play, eat or drink at Superior Shores, you're helping charitable organizations do great work in our community! We would like to acknowledge the support Superior Shores Gaming Association provides. Funds are used for TBIFC utility costs.

When You Play,
Everyone Wins



435 Memorial Ave.
(807) 345-4946

www.superiorshoresgaming.com

