



**Thunder Bay Indigenous
Friendship Centre**

NISHIN NEEN translates to “nice me” in Ojibway. This is a culturally based 7 Module Anger Management Program developed to help people heal and learn new skills! It incorporates the Seven Grandfather Teachings to provide strategies & techniques to use in our daily lives.

NISHIN NEEN



LIGHT SNACKS & BUS TICKETS PROVIDED---PROGRAM IS FREE TO ATTEND!

**WHERE? 401 N. Cumberland St (at the Thunder Bay
Indigenous Friendship Centre-BOARDROOM)**

WHEN? Thursday's from 5- 8pm

Except for October 31 – Which will be held on the 30th

(October 17 – November 28, 2019)

We welcome you to take this journey with us in a safe environment

CALL TO REGISTER TODAY! 345-5840 ext. 9082- Ask for Kristie Campbell ☺