

# NIISHIN NEEN

Translates to mean “nice me” in Ojibway. This is an anger management program with a cultural base.

Our people need to heal and we can work together to accomplish this.

We incorporate cultural teachings with our strategies and techniques to use in our daily lives.

We welcome you to take this journey with us in a safe environment.



Where- Thunder Bay Indigenous Friendship Centre in the boardroom.

When- every Thursday starting June 22, 2017.

Time- 1030 am – 12 pm.

Refreshments and donuts will be provided.

